



Licking County Family YMCA

Cycling Schedule 2010



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM		6:00-6:45 am		6:00-6:45 am			
7:30 AM						7:15-8:00 am	
9:00 AM	9:00-9:45 am	9:00-9:45 am	9:00- 9:45 am	9:00-9:45 am	9:00-9:45 am		
10:00 AM						10:00-10:30 am	
12:00 PM	12:00- 12:45 pm	12:00- 12:45 pm	12:00- 12:45 pm	12:00- 12:45 pm			1:30- 2:15 pm
1:30 PM							
4:00PM	4:00– 4:45 pm		4:00– 4:45 pm				
5:30 PM		5:30-6:15 pm		5:30-6:15 pm			
6:00 PM	6:00– 6:45 pm		6:00– 6:45 pm				
7:00 PM						Effective June, 2010	